

# Raw Mango Cooler

Drinking cold water is like a shock to the system...

---

# Mint & Ginger Lemonade

Mint & ginger buttermilk drink that is a real thirst buster...

---

# Adai

A hearty thick pancake, this is a nutritious blend of lentils and rice...

---

# Sweet Pongal

This is a great favorite in the south of India, and every home...

---

# Saffron Cream Of Wheat Pudding

Rich, sticky, delicious! Known as 'Rava Kesari' in India.Has...

---

## Spiced Chickpea Snack

Also called 'Sundal' in Chennai, it is a snack best shared with...

---

## Akki Roti

Gluten-Free, Rice flour flatbreads from South India...

---

## Moroccan Harira Soup

An easy version from my dear friend Fozia, whose philosophy...

---

# Coconut Chutney

A delectable accompaniment for Savory Crepes, Dosas...

---

# South Indian Salsa

A delicious accompaniment, also known as Gostu, Gojju...