Super Soft Sweet Potato Roti

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Sweet potatoes are rich in vitamins, minerals, and fiber, making these chapatis a healthy and filling option.

INGREDIENTS:



Whole wheat flour: 2 cups (plus extra for dusting)



Sweet potato: 1 large, boiled and mashed



Cumin powder: 1 teaspoon



Chopped coriander leaves



Finely cut dry kashmiri chillies



Pinch of amchur powder



Salt: to taste



PREPARATION:



Prepare Sweet Potato: Boil the sweet potato until soft, peel, and mash it thoroughly.



Mix Ingredients: In a large mixing bowl, combine the whole wheat flour, mashed sweet potato, cumin powder, and salt.



Knead the Dough: Gradually add warm water and knead to form a soft, pliable dough. The moisture from the sweet potato will help in binding, so add water sparingly.



Rest the Dough: Cover the dough and let it rest for about 20 minutes.



Roll and cook the rotis as usual.



Serve hot.